



21 CE Hours

Approved

Provider #308

**JASON ESEMINARS**

**Sept. 6-8, 2019**

**Friday - Sunday**

**Arrive 8:30 am**

**Class 9 am to 6 pm**

**(Sunday class ends at 3 pm)**

**Lunch Break 12-2 pm**

**Venue: SOHMAR**

**School of Holistic  
Massage & Reflexology**

3051 Oak Grove Drive

Downers Grove, IL 60515

**630-968-7827**

SOHMAR.com

**Register**

**HealthArtes.com**

HealthArtes.com/Registration.php

**\$425 early bird prior to  
8/21/19**

\$475 on or after 8/21/19

For class questions, contact  
*JasonEseminars@gmail.com*

A former chronic pain patient, Jason Erickson's journey back to pain-free health inspired him to become a therapist, a trainer, and an educator.



Jason co-owns and practices at Eagan Massage Center. Formerly AMTA MN Chapter President and MC for the San Diego Pain Summit, Jason works with athletes and is an internationally recognized CE provider. He can be reached at JasonEseminars@gmail.com. His classes are found on HealthArtes.com.

# Restoring Range of Motion

with Jason Erickson, BCTMB, CPT, etc.

Restoring range of motion is a set of goals that can be achieved with a variety of approaches. This class includes discussion of the nervous system, pain science, physiological and structural factors, and how understanding them may enhance all forms of manual and movement therapy. Empowering clients with knowledge increases your ability to help them.

Participants learn to apply various concepts via manual and movement therapies. This interactive approach uses active and passive concepts and techniques from DNM, positional release, graded motor exposure, various stretching methods, mobility exercise, assessments, etc.

Participants should wear light/layered clothing that permits easy movement. Massage tables and handouts will be provided.

“This class is a “must-attend” workshop! Jason is one of the most innovative therapists of our time!” ~ Susan Salvo



“Jason is an excellent instructor, relaxed, yet able to stay on topic. There was a good balance of lecture to hands on.” ~ Philippa D., LMT

**This is a non-denominational, non-modality class.**

**This class is about better understanding the structures and functions of the body, and how to use that in your clinical reasoning.**

**This class is appropriate for therapists at all levels of knowledge and experience.**

The class uses lecture and interactive discussion about principles from anatomy, physiology, and pain science. Participants will practice putting these concepts to work, then integrate them into coherent sessions.