



21 CE Hours

Approved

Provider #308

JASON ESEMINARS

Aug. 13-15, 2022

Arrive 30 minutes Early

Restoring ROM

Saturday & Sunday 9am-5pm (Lunch 12-1pm)
Monday 9am-11am

Integrated Therapeutic Skills: DNM & Self-Care

Monday 12-5pm

Venue

Norspring Center for Rejuvenation

140 West 14th St.
Chattanooga, TN 37402
423-304-5695 (Lisa)

Tuition

Includes 21 CE hours
\$399 through July 14
\$449 after July 14
HealthArtes.com

For class questions, contact
JasonEseminars@gmail.com

Jason co-owns and practices at Eagan Massage Center. A former chronic pain patient, Jason works with people of all ages and is an internationally recognized CE provider for classes on reducing pain and improving function. His classes are found on HealthArtes.com.



Restoring Range of Motion + DNM & Self-Care

with Jason Erickson, BCTMB, CPT, etc.

Restoring range of motion at the upper and lower extremities can reduce pain, improve function, and increase quality of life. This class focuses on wrist/hand and ankle/foot pain/stiffness.

Participants learn to apply various concepts in hands-on massage and bodywork. This interactive approach uses active and passive concepts and techniques from DNM, positional release, graded motor exposure, various stretching methods, mobility exercise, assessments, etc.

Participants should wear light/layered clothing that permits easy access to the arms and legs. Handouts will be provided. There will be both lecture and practice.

“This class is a “must-attend” workshop! Jason is one of the most innovative therapists of our time!” ~ Susan Salvo



“Jason is an excellent instructor, relaxed, yet able to stay on topic. There was a good balance of lecture to hands on.” ~ Philippa D., LMT

Register at

HealthArtes.com/Class-Schedule.php

**Integrated Therapeutic Skills Workshop:
DermaNeuroModulation & Self-Care**
Monday, August 15, 2022, 12-5 pm (included)

This five hour class emphasizes understanding DNM concepts, practice applications, and adaptations for self-care. Prior training in DNM is recommended but not required. Includes time-saving variations!

